

Polish Citizens Committee Housing Association Limited

Antokol

Inspection report

45 Holbrook Lane
Chislehurst
Kent
BR7 6PE

Tel: 02084678102

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01 March 2021

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19 March 2021

Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

Inspected but not rated

Summary of findings

Overall summary

Antokol is a care home that provides personal and nursing care for up to 36 people. There were 32 people living at the service at the time of our inspection. The home is owned by a Polish charity. It has a strong Polish ethos and mainly, but not exclusively, provides care and support to people with strong Polish links.

We found the following examples of good practice:

Safe arrangements were in place for relatives to visit people at the home. Some relatives maintained contact with family members through video and telephone calls. Pictures and short films were sent to some family members to reassure them their relatives were well and happy. The visitors procedure was provided to relatives in English and Polish when they visited the home. All visitors, including health and social care professionals were screened for symptoms of acute respiratory infection before being allowed to enter the home. They were supported to follow national guidance on wearing personal protective equipment (PPE) and social distancing.

The home was clean and hygienic throughout and was following the current government guidance in relation to infection prevention and control. The layout of the premises and use of space promoted safety and good hygiene practice. We observed that dining tables and chairs were well-spaced out. The manager told us the numbers of people using the lounge had reduced and we observed people sit in alternate seating. The windows in the dining room and lounge were opened alternately when not in use throughout the day to improve ventilation at the home.

The provider had appropriate arrangements to test people and staff for COVID 19 and was following government guidance on testing. The provider ensured all staff had received training on COVID 19, infection control and the use of PPE. We observed staff wearing appropriate PPE and socially distancing throughout our visit. COVID 19 risk assessments were carried out with staff to ensure they could work safely at the home. Staff were provided with extra uniforms so they could change daily. Staff also had access to a confidential Polish counselling service if and when required.

The home had business continuity and COVID 19 contingency plans in place that made provisions for safe care in the event of an emergency, or outbreak of COVID 19. The registered manager and staff worked closely with health and social care professionals to provide good care outcomes for people using the service.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

Further information is in the detailed findings below.

Inspected but not rated

Antokol

Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to the coronavirus pandemic we are looking at the preparedness of care homes in relation to infection prevention and control. This was a targeted inspection looking at the infection control and prevention measures the provider has in place.

This inspection took place on 1 March 2021 and was announced.

Is the service safe?

Our findings

S5□ How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.