

Whytecliffe Limited

Glentworth House

Inspection report

40-42 Pembroke Avenue
Hove
East Sussex
BN3 5DB

Tel: 01273720044

Website: www.whytecliffe.co.uk

Date of inspection visit:
22 March 2021

Date of publication:
26 April 2021

Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

Inspected but not rated

Summary of findings

Overall summary

Glentworth House is a care home with nursing and can accommodate up to 33 people. It specialises in providing care for adults over 65, including those who may be living with dementia or a mental health condition. There were 29 people using the service at the time of the inspection.

We found the following examples of good practice.

The home allowed visiting in line with government guidance. Robust measures were in place to prevent the risk of infection spread. This included temperature checks, lateral flow testing and a detailed questionnaire upon arrival.

Management had developed a traffic light system where a small coloured dot was in place on each person's door to indicate whether they were in isolation or not. This presented a clear visual cue to staff without being undignified for people.

A plentiful activities timetable was in place to improve wellbeing and minimise isolation despite the lack of external activities. This included themed nights, for example, people had recently enjoyed an Irish themed dinner for St Patricks Day. A newsletter had been developed to keep people and their loved ones informed of events in the home.

The home allocated staff to each floor to minimise risk of infection spread. There was a clear plan in place should an outbreak of COVID-19 occur, to support people within their own floor of the home. One room upstairs had been converted into a lounge area, so people could still interact without the need to go downstairs.

A designated housekeeping team were in place. We saw staff regularly cleaning high touch points, for example door handles, throughout the inspection. Checklists were in place to allow consistent cleaning throughout the home and frequent deep cleaning of people's bedrooms.

Staff were wearing personal protective equipment (PPE) appropriately. Posters detailing how to don and doff PPE were displayed throughout the home. Management completed regular spot checks to ensure staff maintained good infection prevention and control (IPC) practice.

People and staff were taking part in an appropriate testing regime. A specific room had been set up where tests could be undertaken and recorded. A folder was seen with clear tracking of testing, this was monitored by management.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

Further information is in the detailed findings below.

Inspected but not rated

Glentworth House

Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to the COVID-19 pandemic we are looking at the preparedness of care homes in relation to infection prevention and control. This was a targeted inspection looking at the infection control and prevention measures the provider has in place.

This inspection took place on 22 March 2021 and was announced.

Is the service safe?

Our findings

S5. How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.