

Mrs K V Cosens

Brook House Residential Home

Inspection report

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Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

Inspected but not rated

Summary of findings

Overall summary

Brook House Residential Home is a care home providing personal care to 30 people aged 65 and over at the time of the inspection. The service can support up to 32 people.

We found the following examples of good practice.

- People were supported to see their family and friends in line with current guidance. A self contained visiting pod with separate access for people and their visitors had been erected which enabled communication through a clear screen.
- Where people had sensory impairments and had difficulty communicating with their visitors, risk assessments were undertaken and measures were put in place to support them to safely see their visitors.
- People were supported in small social bubbles within the home. People ate meals and used communal areas with others in their social bubble in order to reduce the risk of widespread transmission of COVID-19 throughout the home.
- People's emotional and social wellbeing was promoted through an activities programme that had been adapted to reduce risk of transmission. The home had implemented a book club where people could listen to audio books and then discuss them in small groups.
- An additional staff member was recruited specifically as a COVID-19 domestic assistant. The additional cleaning ensured the home was kept clean and cleaning schedules were compliant with infection prevention and control guidance. This also limited the number of staff members required to access areas, such as the visiting pod.
- A COVID-19 specific Infection Prevention and Control (IPC) policy had been implemented to support the existing IPC policy in place.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

Further information is in the detailed findings below.

Inspected but not rated

Brook House Residential Home

Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to the coronavirus pandemic we are looking at the preparedness of care homes in relation to infection prevention and control. This was a targeted inspection looking at the infection control and prevention measures the provider has in place.

This inspection took place on 01 March 2021 and was announced.

Is the service safe?

Our findings

S5□ How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.