

Larchwood Care Homes (South) Limited

Cams Ridge

Inspection report

7 Charlemont Drive
Cams Hill
Fareham
Hampshire
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Tel: 01329238156

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24 November 2020

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Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

Inspected but not rated

Summary of findings

Overall summary

Cams Ridge provides nursing care to older persons. Cams Ridge can accommodate up to 51 people in one adapted building. The home has two floors accessed via stairs or a lift, three communal areas and a large garden where people could choose to spend their time. At the time of the inspection 27 people lived in the home.

We found the following examples of good practice.

- The home had a current outbreak of Covid 19 and were not allowing visits to people living in the home this was in accordance with current guidance, however there were robust protocols in place for all visitors to prevent the spread of infection. There was a visiting 'booking in' scheme for visitors which assured the numbers of visitors were minimal and staggered. Hand cleansing station and a supply of personal protective equipment (PPE) was available for visitors. Access was granted following stringent questioning regarding contact, travel and symptoms and visitor temperatures were taken. Visitors used the side entrance to the garden for their visits.
- People had been supported to maintain contact with their loved ones, through video and phone calls. People were being isolated in their rooms at the time of our inspection.
- Regular testing for Covid-19 was being undertaken. Staff were tested weekly, and people using the service were tested monthly. For people who used the service that had a positive Covid-19 test, re-testing was planned to be undertaken 90 days after their positive diagnosis unless people became symptomatic then they would be re tested. This was in line with national guidance.
- The premises were clean, hygienic and well ventilated. Additional cleaning schedules had been introduced since the beginning of the coronavirus pandemic. For example, door handles, and light switches were regularly cleaned throughout the day. Regular audits were carried out to make sure good Infection Prevention and Control (IPC) standards were being maintained.
- The registered manager, deputy manager and head housekeeper are the designated infection control leads. All staff had extra training in COVID-19 and infection prevention and control procedures. There was a stringent cleaning schedule, particularly for communal or visiting areas before and after use and in high touch areas around the home. The service had followed Government and Public Health England guidance and had engaged in all support provided from the Local Authority and clinical commissioning group.
- The service had appropriate infection control policies and procedures in place. They had kept up to date with current government guidance and communicated changes to staff promptly.

Further information is in the detailed findings below

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

Inspected but not rated.

Inspected but not rated

Cams Ridge

Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to care homes with outbreaks of coronavirus, we are conducting reviews to ensure that the Infection Prevention and Control practice was safe, and the service was compliant with IPC measures. This was a targeted inspection looking at the IPC practices the provider has in place.

This inspection took place on 24 November 2020 and was announced

Is the service safe?

Our findings

S5□ How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.