

Meteor Rest Home Limited

# Meteor Rest Home

## Inspection report

34-36 Meteor Road  
Westcliff On Sea  
Essex  
SS0 8DG

Tel: 01702340518

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20 August 2020

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## Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

**Inspected but not rated**

# Summary of findings

## Overall summary

Meteor Rest Home is a care home catering for up to 15 older people some of whom may be living with dementia. The service is set in a converted house in the centre of the local community with access to a large garden. There were 12 people currently living at the service.

We found the following examples of good practice.

The registered manager has followed guidance from the government and local authority to implement infection control practices to keep people safe and mitigate risks.

The registered manager has put protocols in place and communicated these with people, their visitors and health professionals to safely manage visitors attending the service. There is health screening and contact tracing measures in place and visits are arranged by appointment.

Staff have been provided with additional training on infection control and the use of PPE. Cleaning regimes had been increased and the correct protocols were being followed for the management of laundry.

The registered manager had communicated well with people and relatives to keep them up to date with any changes needed to safely care for people throughout the pandemic.

Further information is in the detailed findings below.

## The five questions we ask about services and what we found

We always ask the following five questions of services.

### **Is the service safe?**

Infection Prevention Control practices were being safely implemented.

**Inspected but not rated**

# Meteor Rest Home

## **Detailed findings**

### Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

This was a targeted inspection looking at the infection control and prevention measures the provider has in place. As part of CQC's response to the coronavirus pandemic we are conducting a thematic review of infection control and prevention measures in care homes.

This inspection took place on 20 August 2020 and was announced. The service was selected to take part in this thematic review which is seeking to identify examples of good practice in infection prevention and control.

# Is the service safe?

## Our findings

How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.