

Perfect Care Limited

# Belmont Grange Nursing and Residential Home

## Inspection report

Broomside Lane  
Durham  
County Durham  
DH1 2QW

Tel: 01913849853

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07 October 2020

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## Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

**Inspected but not rated**

# Summary of findings

## Overall summary

Belmont Grange Nursing and Residential Home is a care home which is registered to provide both nursing and residential care for up to 30 adults. At the time of this review, 30 people were living at the home, including some people who were living with a dementia type illness.

Belmont Grange Nursing and Residential Home is a large detached care home set out over two floors.

We found the following examples of good practice.

- The home had a dedicated infection prevention and control lead who was also their clinical lead. They monitored and ensured all staff adhered to current, national guidance and maintained high standards of infection prevention and control throughout the home.
- Staff were observed wearing appropriate personal protective equipment (PPE) at all times. Suitable supplies of PPE were available. Staff received regular training in infection prevention and control measures and appropriate use of PPE.
- The home ensured people moving into the home, isolating or presenting with any symptoms were supported safely in accordance with national guidance.
- The home provided people and their relatives with information to support their understanding of the isolation processes and visiting procedures.
- People were cared for by a dedicated staff team who provided a support bubble to meet all their needs and reduce any feelings of isolation and loneliness. This included a range of individual social activities and contact with friends and family.
- The home had purchased their own visiting Pod to support people to have face to face contact with friends and relatives. This was arranged through an appointment system. National guidance was being followed to ensure visits took place at a safe social distance. Infection prevention and control measures were in place to avoid potential transmission with others.
- The home was aligned with a GP practice and weekly virtual ward rounds had been introduced. Other care professionals who worked closely with the service attended these.
- All staff and residents were actively participating in the Covid testing programme. Staff were tested weekly and people living at the home, monthly. All staff and residents were in the process of having their winter flu vaccinations.

Further information is in the detailed findings below.

## The five questions we ask about services and what we found

We always ask the following five questions of services.

### **Is the service safe?**

We were assured the service were following safe infection prevention and control procedures to keep people safe.

**Inspected but not rated**

# Belmont Grange Nursing and Residential Home

## **Detailed findings**

### Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

This was a targeted inspection looking at the infection control and prevention measures the provider has in place. As part of CQC's response to the coronavirus pandemic we are conducting a thematic review of infection control and prevention measures in care homes.

This inspection took place on 7 October 2020 and was announced. The service was selected to take part in this thematic review which is seeking to identify examples of good practice in infection prevention and control.

# Is the service safe?

## Our findings

S5□ How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.