

Sandown Nursing Home

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Inspection report

28 Grove Road
Sandown
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15 March 2021

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Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

Inspected but not rated

Summary of findings

Overall summary

Sandown Nursing Home provides accommodation, personal care and support for up to 39 older people. At the time of our inspection there were 29 people living in the home.

We found the following examples of good practice.

Staff put on, took off and disposed of personal protective equipment (PPE) safely in line with the relevant guidance. Throughout our inspection staff were wearing the required levels of PPE and maintaining social distancing as much as possible. Staff had training to manage infection control and COVID-19. The service had a good supply of (PPE) to meet current and future demand.

Staff and people were routinely tested for COVID-19 as per best practice guidelines. Staff had regular testing with rapid response lateral flow tests (LFT) twice weekly as well as Polymerase Chain Reaction (PCR) tests weekly.

There were procedures in place to support safe visiting by relatives or external professionals. Staff undertook screening of all visitors including temperature checks and a questionnaire to determine risks posed by visitors. LFT tests for COVID-19 were completed for all visitors to the home. Visitors were provided with Personal Protective Equipment (PPE) and guided to its safe use.

There was a designated room with appropriate infection prevention and control measures set up, enabling safe visiting. Where people were unable to access the visiting room, relatives were supported to safely visit people in their bedrooms. This included routine visits and those in exceptional circumstances, such as when people were receiving end of life care.

New admissions to the service were supported in line with best practice guidance. When someone new was admitted to the service they were required to provide recent COVID-19 test results. People were further tested by the service following admission and isolated upon arrival for 14 days to minimise the risk of infection to existing people. These procedures were also in place should existing people return to the home following a hospital stay.

When needed people's ability to consent to vaccination, isolation and regular testing for Covid-19 was assessed and the principles of the Mental Capacity Act were followed.

The home was kept clean. In addition to routine cleaning there was a rolling programme of continuously cleaning high touch surfaces, such as light switches, grab rails and door handles.

Up to date policies, procedures and guidance for the service had been implemented. The management team understood where to find updated best practice guidance and where they could go for support should this be required.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

Further information is in the detailed findings below.

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Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to the coronavirus pandemic we are looking at the preparedness of care homes in relation to infection prevention and control. This was a targeted inspection looking at the infection control and prevention measures the provider has in place.

This inspection took place on 15 February 2021 and was announced.

Is the service safe?

Our findings

S5□ How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.