

# Nottingham Community Housing Association Limited

# Sherwood House

## Inspection report

Sherwood House Residential Care Home  
Main Street, Linby  
Nottingham  
NG15 8AE

Tel: 01159642721

Website: [www.sherwoodhouse.org](http://www.sherwoodhouse.org)

Date of inspection visit:  
09 December 2020

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18 December 2020

## Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

**Inspected but not rated**

# Summary of findings

## Overall summary

Sherwood House is registered to accommodate 19 people, some of whom were living with dementia. There were 16 people using the service at the time of our inspection. Each person had their own bedroom and access to a variety of communal areas and well kept outside spaces.

We found the following examples of good practice.

- Access to the home was restricted. No new admissions to the home were currently permitted. This was a decision taken by the provider to reduce the risk of current residents contracting the virus.
- No visitors, other than healthcare professionals and people booked to provide maintenance at the home were allowed inside. Before entering the home all visitors had their temperature checked and were asked a series of questions about their current health. A decision was then made whether to permit them to enter the home. A record of all visitors was recorded at the entrance. This helped to reduce the risk of the spread of infection.
- There were procedures in place to start to commence visitors being able to see people at the home. All pre-arranged visitors will have access to the conservatory area and will not access any other parts of the home. Safe infection control practices were in place within the conservatory to reduce the risk of the spread of infection.
- Staff supported people to maintain contact with family and friends in other ways. This has included the use of technology, such as Skype as well as regular phone calls.
- A colour coded system was in place to help inform staff whether a person in their bedroom had COVID-19 or were awaiting the results of the test. Red meant a person had COVID-19. Amber meant a person was waiting for the outcome of a COVID-19 test. No colour meant the person did not have COVID-19 nor were waiting for the results of a test. This process helped to inform staff what levels of PPE they were required to wear before entering the person's bedroom. This helped to reduce the risk of the spread of infection.
- Staff numbers had been increased on all shifts. This was particularly important to support people who were living with dementia understand the restrictions that were in place because of COVID-19.
- There were adequate supplies of PPE and stock levels were regularly checked.
- Regular testing was completed of staff and people living at the home. The measures put in place by the provider ensured that at the time of the inspection no people living at the home had COVID-19.

Further information is in the detailed findings below.

## The five questions we ask about services and what we found

We always ask the following five questions of services.

### **Is the service safe?**

We were assured the service were following safe infection prevention and control procedures to keep people safe.

**Inspected but not rated**

# Sherwood House

## **Detailed findings**

### Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to care homes with outbreaks of coronavirus, we are conducting reviews to ensure that the Infection Prevention and Control (IPC) practice was safe and the service was compliant with IPC measures.

This was a targeted inspection looking at the IPC practices the provider has in place.

This inspection took place on 9 December 2020 and was announced.

## Is the service safe?

### Our findings

How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.