

# Carebase (Chingford) Limited Spinney (The)

## Inspection report

21 Forest View  
London  
E4 7AU

Tel: 02088796550

Website: [www.carebase.org.uk](http://www.carebase.org.uk)

Date of inspection visit:  
14 August 2020

Date of publication:  
24 August 2020

## Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

**Inspected but not rated**

# Summary of findings

## Overall summary

Spinney (The) is a 'care home.' The care home accommodates people over three floors in one adapted building with a lift. The care home can support up to 48 people aged 65 and over. At the time of this visit 42 people were living at the home.

We found the following examples of good practice.

- The provider had appropriate arrangements for visiting to help prevent the spread of infection. All visitors were required to have their temperature taken before they entered the care home. Visitors were supported to wear a face covering when visiting. Hand washing facilities and hand sanitizer stations were available near the entrance and throughout the care home.
- The provider had appropriate arrangements to test people and staff for COVID- 19 and was following government guidance on testing. There was a designated team that administered the tests for people using the service and for staff. This ensured that people and staff were tested for COVID- 19 in a consistent way in line with national guidance.
- The provider ensured that staff received appropriate training and support to help prevent the spread of infection. All staff had received training on infection control and the use of PPE. Staff were assigned to work on the same floors to help minimise the risk of cross infection. Staff wellbeing was supported when they became unwell and when they returned to work.
- The provider ensured that people using the service could maintain links with family members and friends. People were supported to have visits from their relatives and friends in a designated area in the garden where social distancing was observed. Family members and friends who were unable to visit the home could stay in touch with people with phone and video messaging. The provider understood the communication needs of people. For example, the provider sourced a phone application that converted voice into large text for people who were hearing and sight impaired.
- People at extreme risk and those isolating were supported in creative ways, including recruiting an additional activities coordinator so more activities could be offered to people over the national lockdown period in response to the COVID- 19 pandemic.

Further information is in the detailed findings below.

## The five questions we ask about services and what we found

We always ask the following five questions of services.

### **Is the service safe?**

Details are in our safe findings below.

**Inspected but not rated**

# Spinney (The)

## **Detailed findings**

### Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

This was a targeted inspection looking at the infection control and prevention measures the provider has in place. As part of CQC's response to the coronavirus pandemic we are conducting a thematic review of infection control and prevention measures in care homes.

This inspection took place on 14 August 2020 and was announced. The service was invited to take part in this thematic review which is seeking to identify examples of good practice in infection prevention and control.

## Is the service safe?

### Our findings

S5 How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.