

Ideal Care (North) Limited

St Aidan Lodge Residential Care Home

Inspection report

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Durham
County Durham
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Date of inspection visit:
16 March 2021

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29 March 2021

Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

Inspected but not rated

Summary of findings

Overall summary

St Aidan Lodge Residential Care Home is a care home registered to provide accommodation and personal care for up to 62 people. At the time of our inspection, 33 people were using the service, some of whom were living with a dementia type illness. The care home is a two-storey purpose built building with an enclosed garden and patio area.

We found the following examples of good practice.

Measures were in place to prevent visitors from catching and spreading infection. The provider had created a welcoming and homely visiting pod for relatives. The home deep cleaned the pod after each visit.

Professional visitors were robustly screened for COVID-19. Screening included temperature checks, completion of a health declaration, and hand sanitisation in a separate allocated washroom.

The home encouraged telephone and video contact wherever possible. The provider had purchased a computer on wheels with a very large screen. This provided easily accessible and good quality video contact for people and their relatives.

The provider had created a separate wing to accommodate anyone who was being isolated during the pandemic. The wing had its own entrance and fire exit, and was separated from the main building with a keycode system. When in use, designated staff were allocated to work on this wing only.

The home had adequate supplies of PPE. Fully stocked PPE stations were located throughout the home. Laminated signage was on the walls to remind staff how to put on, take off and dispose of PPE safely.

Staff had completed infection prevention and control (IPC) training. All staff were observed to be wearing appropriate PPE and were bare below the elbow to assist with good hand hygiene. The registered manager carried out 'spot checks' to ensure staff complied with best practice guidance.

The home was clean and tidy throughout, and had been well maintained during the pandemic. A thorough cleaning schedule was in place which included additional cleaning of frequently touched areas. The provider had purchased an electrostatic sprayer for deep cleaning.

The provider had up to date IPC policies and procedures in place. The provider carried out regular IPC audits and offered good support to the registered manager.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

Further information is in the detailed findings below.

Inspected but not rated

St Aidan Lodge Residential Care Home

Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to the COVID-19 pandemic we are looking at the preparedness of care homes in relation to infection prevention and control. This was a targeted inspection looking at the infection control and prevention measures the provider has in place.

This inspection took place on 16 March 2021 and was announced.

Is the service safe?

Our findings

S5□ How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.