

Altogether Care LLP

Weymouth - Weymouth Care Home

Inspection report

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Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

Inspected but not rated

Summary of findings

Overall summary

About the service

Weymouth Care Home is registered to provide accommodation with nursing care for up to 36 people aged 65 and over and younger adults. At the time of the inspection the service was supporting 30 people.

Accommodation is provided on two floors with a lift to access the first floor.

People's experience of using the service and what we found

We found the following examples of good infection prevention and control practice:

The home had a clear visiting protocol for all visitors. This included health screening questions and recorded temperature checks. Information about this was prominently displayed at the main entrance to the home.

The provider had worked closely with the local Clinical Commissioning Group since the outbreak in November 2020 to identify improvements to infection prevention and control. The provider had demonstrated progress on the identified issues.

Although visiting was currently suspended because of an outbreak, prior to this, visits were supported and carefully managed to ensure risks were minimised. Visits were by appointment only and met the latest best practice guidance. Visit times were structured to enable cleaning in between visits. All visitors were supplied with the required personal protective equipment (PPE) and were encouraged to follow social distancing guidelines.

The home was visibly clean and hygienic. Cleaning schedules guided staff on the cleaning regime required for each area of the home. These included general cleaning and advanced cleaning for high touch point areas such as light switches, keypads, handrails and door handles. Cleaning products were used in line with government recommendations. Management spot checks were conducted to ensure infection prevention and control compliance.

People who had tested positive for Covid-19 were supported to isolate in their rooms as per government guidelines. Discreet signage helped identify rooms where people were isolating. Designated staff provided support exclusively to these people to help avoid the risk of cross infection.

The home had a robust admissions policy. The pre-admission assessment included a thorough needs assessment, recent test status and any risks linked to where people were being admitted from, for example, a hospital ward. Admissions were currently on hold until the home was clear of infection.

People were supported to maintain their mental and physical wellbeing through tailored activities. These included one-to-one sessions in people's rooms and access to electronic devices to facilitate contact with family, friends and health professionals.

Risk assessments had been completed on high risk staff to demonstrate what reasonable adjustments had

been made to reduce risk for vulnerable staff.

Further information is in the detailed findings below.

Rating at last inspection

The last rating for the service was good (published 27 September 2018).

Why we inspected

We undertook this targeted inspection to check on concerns about an outbreak of Covid-19 at the service. A decision was made for us to inspect and examine those risks.

We looked at infection prevention and control measures under the Safe key question. We look at this in all care home inspections even if no concerns or risks have been identified. This is to provide assurance that the service can respond to coronavirus and other infection outbreaks effectively.

The overall rating for the service has not changed following this targeted inspection and remains good.

CQC have introduced targeted inspections to follow up on Warning Notices or to check specific concerns. They do not look at an entire key question, only the part of the key question we are specifically concerned about. Targeted inspections do not change the rating from the previous inspection. This is because they do not assess all areas of a key question.

Follow up

We will continue to monitor information we receive about the service until we return to visit as per our re-inspection programme. If we receive any concerning information we may inspect sooner.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

At our last inspection we rated this key question good. We have not reviewed the rating at this inspection. This is because we only looked at the parts of this key question we had specific concerns about.

Inspected but not rated

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Detailed findings

Background to this inspection

The inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to care homes with outbreaks of coronavirus, we are conducting reviews to ensure that the Infection Prevention and Control (IPC) practice was safe and the service was compliant with IPC measures. This was a targeted inspection looking at the IPC practices the provider has in place.

Inspection team

The inspection was carried out by one inspector.

Service and service type

Weymouth Care is a 'care home'. People in care homes receive accommodation and nursing or personal care as a single package under one contractual agreement. CQC regulates both the premises and the care provided, and both were looked at during this inspection.

The service had a manager registered with the Care Quality Commission. This means that they and the provider are legally responsible for how the service is run and for the quality and safety of the care provided.

Notice of this inspection

This inspection was unannounced.

Is the service safe?

Our findings

Safe – this means we looked for evidence that people were protected from abuse and avoidable harm.

At the last inspection this key question was rated as good. We have not changed the rating of this key question, as we have only looked at the part of the key question we had specific concerns about.

The purpose of this inspection was to check a specific concern we had about an outbreak of Covid-19 at the service. We will assess all of the key question at the next comprehensive inspection of the service.

How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.