

Sonesta Nursing Home Limited

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Inspection report

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Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

Inspected but not rated

Summary of findings

Overall summary

Sonesta Nursing Home Limited is an independent care home situated in Golders Green, London. The home provides personal and nursing care for up to 32 people. At the time of the inspection there were 23 people living at the service with a mixture of nursing needs including some residents with dementia.

We found the following examples of good practice.

The home had responded to peoples' choices and individual needs during the pandemic to help them carry out activities outside of the home. Due to the nature of the residents at the home, residents only ventured outside of the home when escorted by family members. Masks and sanitiser was provided and residents carried out a lateral flow test (LFT) when they returned to the home.

The provider admitted people directly from hospital seven days a week in order to help with the shortage of beds in secondary care. People who had a negative PCR were admitted to the home and then isolated for the appropriate time as set out in the government guidance at the time. Following this a further PCR would be taken.

The provider was following the current government guidance regarding care home visiting. People had three named visitors as an essential care giver. Visitors entered the home by an entrance in the garden area adjacent to the back of the lounge. An area of the lounge had been put to one side and partitioned off to act as a testing area. Once the visitor received a negative test, they would be escorted to the residents room. Visitors left by the same entrance to minimise ant spread of infection. Information was available for visitors to follow. Visitors were also instructed on how to use personal protective equipment (PPE).

The provider had adapted the home entrances to accommodate PPE and testing stations for people living at the home and their visitors.

the home had sufficient supplies of PPE. There was two PPE stations available on each floor with donning and doffing areas. Staff had received training in infection prevention and control and how to don and doff PPE.

The provider had a system in place to ensure staff had the necessary vaccinations and had completed the necessary Covid 19 testing prior to working in the home.

The provider had completed a number of health and safety risk assessments including infection prevention and control and an in depth BAME risk assessment with each member of staff. These were regularly updated and check lists were in place to ensure essential tasks such as ensuring testing was complete.

The layout of the service and communal areas supported social distancing. The premises looked clean and hygienic throughout. There were cleaning schedules in place and adequate ventilation.

The staff were aware of who to contact should they have an outbreak of Covid 19 and the protocols to follow.

We were assured that this service met good infection prevention and control guidelines as a designated care setting.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

Information is in the detailed findings below.

Inspected but not rated

Sonesta Nursing Home Limited

Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to the COVID-19 pandemic we are looking at how services manage infection control and visiting arrangements. This was a targeted inspection looking at the infection prevention and control measures the provider had in place. We also asked the provider about any staffing pressures the service was experiencing and whether this was having an impact on the service.

This inspection took place on 20 January 2022 and was announced. We gave the service approximately 24 hours' notice of the inspection.

Is the service safe?

Our findings

Staffing

- The provider told us they had measures in place to mitigate the risks associated with COVID-19 related staff pressures.

How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.
- We were assured the provider was facilitating visits for people living in the home in accordance with the current guidance.

From 11 November 2021 registered persons must make sure all care home workers and other professionals visiting the service are fully vaccinated against COVID-19, unless they have an exemption or there is an emergency.

- The service was meeting the requirement to ensure non-exempt staff and visiting professionals were vaccinated against COVID-19.