

Dual Care Limited

# The Rookery Care Home

## Inspection report

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Nottingham  
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Tel: 01773713176

Date of inspection visit:  
25 January 2022

Date of publication:  
10 February 2022

## Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

**Inspected but not rated**

# Summary of findings

## Overall summary

The Rookery Care Home is a residential care home providing personal care to older people, some of whom live with dementia. The service can support up to 30 people. At the time of our inspection there were 26 people living at the service

We found the following examples of good practice.

The home looked clean and there were cleaning schedules in place; however, some items of the equipment and furniture were visibly worn. The deputy home manager told us they would raise this issue with the proprietor.

The home had systems and processes to prevent visitors to the home from catching and spreading COVID-19. All visitors were screened for symptoms of the infection and were required to show negative Lateral Flow Device test (LFT) upon entering the home. Visiting professionals were asked to show proof of their vaccination before they were allowed into the home.

The home had ample supplies of personal protective equipment (PPE) and we saw staff wearing their PPE in line with latest guidance. PPE stations were located in the key areas of the home allowing staff to have quick and easy access to hand sanitisers or face masks.

During the recent COVID-19 outbreak some people were self-isolating in their own room. People who were unable to self-isolate because they lived with advanced dementia spent their time in a designated communal areas. Enhanced cleaning had been introduced which included regular disinfection of high touch points, such as handrails or door handles.

People and staff who were more vulnerable to the COVID-19 had individual risk assessments in place to mitigate the risks.

## The five questions we ask about services and what we found

We always ask the following five questions of services.

### **Is the service safe?**

Further information is in the detailed findings below.

**Inspected but not rated**

# The Rookery Care Home

## **Detailed findings**

### Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to care homes with outbreaks of COVID-19, we are conducting reviews to ensure that the Infection Prevention and Control (IPC) practice is safe and that services are compliant with IPC measures. This was a targeted inspection looking at the IPC practices the provider has in place. We also asked the provider about any staffing pressures the service was experiencing and whether this was having an impact on the service.

This inspection took place on 25 January 2022 and was announced. We gave the service 24-hour notice of the inspection.

# Is the service safe?

## Our findings

### Staffing

- The provider told us they had measures in place to mitigate the risks associated with COVID-19 related staff pressures

### How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.
- People using the service were supported to maintain contacts with their relatives. A system was in place to support people to have visits from relatives and any other important people in their lives.

From 11 November 2021 registered persons must make sure all care home workers and other professionals visiting the service are fully vaccinated against COVID-19, unless they have an exemption or there is an emergency.

- The service was meeting the requirement to ensure non-exempt staff and visiting professionals were vaccinated against COVID-19.