

Methodist Homes Cedar Lodge

Inspection report

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18 January 2022

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Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

Inspected but not rated

Summary of findings

Overall summary

Cedar Lodge is a care home providing personal and nursing care to 47 people. This includes people living with dementia. At the time of the inspection, 27 people were living at Cedar Lodge.

We found the following examples of good practice.

An activities coordinator, alongside staff, helped to ensure that people had opportunity to engage in therapeutic activities, including those in isolation. This included the 'Love to Move' dementia friendly exercise programme and the famileo gazette which is a printed booklet for families to upload photos and memories. These were used as opportunities to engage in meaningful conversation with people.

A booking system operated for visiting and essential care givers could visit daily, including during COVID-19 outbreaks, in line with government guidance. Visiting procedures and any changes within the home in response to the COVID-19 pandemic were communicated regularly to relatives and reminders given when visits were booked. Evidence of a negative lateral flow test and vaccination status for those not exempt from vaccination was seen before entry to the home.

Additional staff rooms were created from smaller dining rooms used less frequently by people to support social distancing. These were also used if couples wished to eat their meals together, which provided them with a private space.

Enhanced cleaning of touch points was implemented, and windows opened to support good ventilation.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

Further information is in the detailed findings below.

Inspected but not rated

Cedar Lodge

Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to care homes with outbreaks of COVID-19, we are conducting reviews to ensure that the Infection Prevention and Control (IPC) practice is safe and that services are compliant with IPC measures. This was a targeted inspection looking at the IPC practices the provider has in place. We also asked the provider about any staffing pressures the service was experiencing and whether this was having an impact on the service.

This inspection took place on 18 January 2022 and was announced. We gave the service 24 hours notice of the inspection.

Is the service safe?

Our findings

Staffing

- The provider told us they had measures in place to mitigate the risks associated with COVID-19 related staff pressures

How well are people protected by the prevention and control of infection?

- We were somewhat assured that the provider was using PPE effectively and safely. Staff were trained in using PPE and their practice monitored through spot checks. However, we observed some staff with their face masks pulled down below their nose and we received feedback this had also been observed during visiting. This was fed back to the registered manager who assured us action would be taken to ensure staff wore PPE according to guidance.
- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.
- We were assured the provider was facilitating visits for people living in the home in accordance with the current guidance.

We have also signposted the provider to resources to develop their approach.

From 11 November 2021 registered persons must make sure all care home workers and other professionals visiting the service are fully vaccinated against COVID-19, unless they have an exemption or there is an emergency.

- The service was meeting the requirement to ensure non-exempt staff and visiting professionals were vaccinated against COVID-19.

