

Romford Baptist Church Housing Association Limited

Parkside

Inspection report

65 Main Road
Romford
Essex
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26 January 2022

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Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

Inspected but not rated

Summary of findings

Overall summary

Parkside is a registered care home providing personal care for up to 32 older people. At the time of the inspection, 28 people were living in the home.

We found the following examples of good practice.

Safe arrangements were in place for visitors to the service. Visitors to the home were checked before entering the main area of the building to make sure the risk of catching and/or spreading infections was minimised. Staff ensured visitors had taken a lateral flow test and tested negative for COVID-19. Visitors were provided with suitable personal protective equipment (PPE) to wear, such as a face mask and had their temperature taken and recorded. Visiting professionals were asked to provide evidence of their COVID-19 vaccination status prior to entering the home. All staff coming on shift were required to take a lateral flow test and provide the management team with the result before starting work. Only staff that had a negative test result were permitted to work.

The service was adequately staffed. The provider ensured they were able to cover for staff absences due to COVID-19, and continue to meet people's needs. During a recent outbreak of COVID-19 in the home, the provider continued to allow visits to people in the home by essential care givers. Other relatives or friends of people in the home were permitted window visits from a visitor's pod located on the ground floor. Isolation procedures were in place to control the spread of infection. People self-isolated in their rooms when necessary and a sign was placed on their bedroom door to alert people and staff they were self isolating for a specified number of days.

A regular programme of testing for COVID-19 was in place for people and staff. Policies, procedures and risk assessments related to COVID-19 were up to date which supported staff to keep people safe. The provider kept up to date with government and local guidance on vaccinations, self isolation, visiting and outbreaks to ensure they were following it correctly.

All staff had completed relevant training in infection control and PPE. We saw staff using PPE correctly and safely. Handwashing guidance was displayed throughout the home and additional PPE was available for staff and visitors. A daily cleaning system ensured the premises was kept clean at all times to maintain hygiene and help prevent the spread of infections.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

Further information is in the detailed findings below.

Inspected but not rated

Parkside

Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to care homes with outbreaks of COVID-19, we are conducting reviews to ensure that the Infection Prevention and Control (IPC) practice is safe and that services are compliant with IPC measures. This was a targeted inspection looking at the IPC practices the provider has in place. We also asked the provider about any staffing pressures the service was experiencing and whether this was having an impact on the service.

This inspection took place on 26 January 2022 and was announced. We gave the registered manager 30 minutes' notice of the inspection.

Is the service safe?

Our findings

Staffing

- The provider ensured they had enough staff at all times to meet people's needs.

How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.

Visiting in care homes

- The provider was facilitating visits for people living in the home in accordance with the latest government guidance.

From 11 November 2021 registered persons must make sure all care home workers and other professionals visiting the service are fully vaccinated against COVID-19, unless they have an exemption or there is an emergency.

- The service was meeting the requirement to ensure non-exempt staff and visiting professionals were vaccinated against COVID-19.