

Middleton Grove Limited

Middleton Grove Nursing Home

Inspection report

11 Portland Road
Hove
East Sussex
BN3 5DR

Tel: 01273325705

Date of inspection visit:
25 January 2022

Date of publication:
15 February 2022

Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

Inspected but not rated

Summary of findings

Overall summary

Middleton Grove Nursing Home is a care home registered to provide nursing and residential care and accommodation for 54 people with various health conditions, including dementia and diabetes. There were 45 people living at the service on the day of our inspection. Middleton Grove Nursing Home is a large converted, listed property located in Hove, East Sussex.

We found the following examples of good practice.

- Safe arrangements were in place for visitors. This included confirmation of a negative lateral flow test, temperature checks, and the use of personal protective equipment (PPE). Visiting professionals showed evidence of vaccination status or exemption.
- There were adequate supplies of personal protective equipment (PPE) throughout the home. PPE stations were located at the entrance to the home and outside of people's bedrooms. Staff were seen appropriately using PPE.
- There were arrangements to admit people safely to the home. This included testing and isolation in line with guidance.
- People were supported to understand and comply with visiting and social restrictions in line with all best practice guidance and this was communicated and updated as needed.
- The provider followed relevant COVID-19 testing guidance. This included staff testing requirements as well guidance on testing for people using the service and visitors.
- Maintaining the mental health of people and staff was a priority with proactive support from the service to encourage people's well-being. This included supported activities within the home and support to maintain contact with family and friends. There were a number of areas within the home where visits were facilitated, including outside spaces and a dedicated visiting room. People were supported to maintain contact with relatives using virtual methods during a recent outbreak.
- There were clear cleaning schedules in place which included the frequency of cleaning high touch areas. Records showed compliance with the cleaning schedule. This included deep cleaning following an outbreak.
- The home had an up to date infection control policy and carried out regular infection control audits. There was a comprehensive approach to risk management and changes included the implementation of daily huddles where all aspects of Covid-19 and other risks were discussed. The registered manager maintained a log of learning and shared this with other homes.
- Staff were trained and knew how to immediately instigate full infection control measures to care for a person who developed symptoms, who tests positive or who has been exposed to the virus to avoid the virus spreading to other people and staff. Infection control and PPE training was periodically repeated during the pandemic with support from the local health protection team.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

Further information is in the detailed findings below.

Inspected but not rated

Middleton Grove Nursing Home

Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to the COVID-19 pandemic we are looking at how services manage infection control and visiting arrangements. This was a targeted inspection looking at the infection prevention and control measures the provider had in place. We also asked the provider about any staffing pressures the service was experiencing and whether this was having an impact on the service.

This inspection took place on 25 January 2022 and was announced. We gave the service 24 notice of the inspection.

Is the service safe?

Our findings

Staffing

- We were assured the provider had measures in place to mitigate the risks associated with COVID-19 related staff pressures.

How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.
- We were assured the provider was facilitating visits for people living in the home in accordance with the current guidance.

From 11 November 2021 registered persons must make sure all care home workers and other professionals visiting the service are fully vaccinated against COVID-19, unless they have an exemption or there is an emergency.

- The service was meeting the requirement to ensure non-exempt staff and visiting professionals were vaccinated against COVID-19.

We have also signposted the provider to resources to develop their approach.

