

Rathgar Care Home Ltd

Rathgar Care Home

Inspection report

349 Kettering Road
Northampton
Northamptonshire
NN3 6QT

Tel: 01604499003

Date of inspection visit:
07 February 2022

Date of publication:
18 February 2022

Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

Inspected but not rated

Summary of findings

Overall summary

Rathgar Care Home is a care home providing personal care for up to 23 older people in an extended and adapted detached house in a residential area. The accommodation is spread over two floors accessed by a lift and stairs. There were 15 people living at the home at the time of our inspection.

We found the following examples of good practice.

The provider had robust systems and processes in place to reduce the spread of COVID-19. Visitors had their temperature taken, completed a COVID-19 screening questionnaire, had to evidence their vaccination status and show a negative COVID test before being allowed to enter the home.

The environment appeared clean and had no odours. The disposal of personal protective equipment (PPE) followed government guidance and best practice.

Risk assessments were in place for people and staff regarding individual risk factors of COVID-19. Staff and people were regularly tested and had received COVID-19 vaccinations.

Staff wore appropriate PPE. Staff changed their uniform before and after their shift. All staff had received infection prevention and control and donning and doffing training. Staff had regular donning and doffing checks to support staff to ensure they were applying and removing their PPE effectively.

The registered manager completed regular audits to ensure oversight of IPC practices.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

Further information is in the detailed findings below.

Inspected but not rated

Rathgar Care Home

Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to care homes with outbreaks of COVID-19, we are conducting reviews to ensure that the Infection Prevention and Control (IPC) practice is safe and that services are compliant with IPC measures. This was a targeted inspection looking at the IPC practices the provider has in place. We also asked the provider about any staffing pressures the service was experiencing and whether this was having an impact on the service.

This inspection took place on 07 February 2022 and was unannounced.

Is the service safe?

Our findings

Staffing

- The provider told us they had measures in place to mitigate the risks associated with COVID-19 related staff pressures

How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider's infection prevention and control policy was up to date.

From 11 November 2021 registered persons must make sure all care home workers and other professionals visiting the service are fully vaccinated against COVID-19, unless they have an exemption or there is an emergency.

- The Government has announced its intention to change the legal requirement for vaccination in care homes, but the service was meeting the current requirement to ensure non-exempt staff and visiting professionals were vaccinated against COVID-19.
- The provider had measures in place to ensure people could stay in contact with their relatives and friends. Visiting procedures followed government guidance.