

Mrs L Gratton

Cumberland House

Inspection report

21 Laton Road
Hastings
East Sussex
TN34 2ES

Tel: 01424422458

Website: www.cumberlandhouse.info

Date of inspection visit:
21 February 2022

Date of publication:
03 March 2022

Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

Inspected but not rated

Summary of findings

Overall summary

Cumberland House is a residential care home providing personal care to older people living with mental health needs. Some people live with anxiety and depression and others have support needs relating to drug or alcohol dependence. The service can support up to 14 people and at the time of the inspection there were nine people living at the home.

We found the following examples of good practice. People living at the home often went out independently for walks and visits. A robust testing regime ensured all people were re-tested on returning to the home to minimise the risk of spreading the virus within the home. Staff spent time reassuring people whose anxiety had increased due to the pandemic, explaining the latest guidance and supporting people by spending time talking to them.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

Further information is in the detailed findings below.

Inspected but not rated

Cumberland House

Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to the COVID-19 pandemic we are looking at how services manage infection control and visiting arrangements. This was a targeted inspection looking at the infection prevention and control measures the provider had in place. We also asked the provider about any staffing pressures the service was experiencing and whether this was having an impact on the service.

This inspection took place on 21 February 2022 and was unannounced.

Is the service safe?

Our findings

Staffing

- The provider told us they had measures in place to mitigate the risks associated with COVID-19 related staff pressures

How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.

- We were somewhat assured that the provider was using PPE effectively and safely. Not every floor of the home had PPE stations where staff could quickly access fresh PPE if needed. Not all bins where used PPE was disposed of were foot operated.

We have also signposted the provider to resources to develop their approach.

From 11 November 2021 registered persons must make sure all care home workers and other professionals visiting the service are fully vaccinated against COVID-19, unless they have an exemption or there is an emergency.

- The Government has announced its intention to change the legal requirement for vaccination in care homes, but the service was meeting the current requirement to ensure non-exempt staff and visiting professionals were vaccinated against COVID-19.