

The Royal British Legion Galanos House

Inspection report

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Date of inspection visit:
16 February 2022

Date of publication:
09 March 2022

Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

Inspected but not rated

Summary of findings

Overall summary

Galanos House is a care home providing personal and nursing care to 101 people, including people living with dementia. At the time of our inspection, 80 people were living at Galanos House.

We found the following examples of good practice.

There was a focus on promoting positive mental health for staff through well-being initiatives. The registered manager arranged for staff to be trained as mental health first aiders who could provide support to both staff and people. A book club, walking group, art club and tai chi was started as a result of well-being days.

Staff ensured that people in isolation had the opportunity to speak to their families every day, and spent time engaged in meaningful activities to promote positive wellbeing.

Visiting procedures were communicated regularly and any changes contained in a monthly newsletter. Negative lateral flow and temperature checks were required before entry to the home alongside a health screening questionnaire.

Staff and essential care givers were trained in how to use Personal Protective Equipment (PPE) safely in care homes and staff competency was monitored through spot checks and observations.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

Further information is in the detailed findings below.

Inspected but not rated

Galanos House

Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to the COVID-19 pandemic we are looking at how services manage infection control and visiting arrangements. This was a targeted inspection looking at the infection prevention and control measures the provider had in place. We also asked the provider about any staffing pressures the service was experiencing and whether this was having an impact on the service.

This inspection took place on 16 February 2022 and was announced. We gave the service 24 hours notice of the inspection.

Is the service safe?

Our findings

Staffing

- The provider told us they had measures in place to mitigate the risks associated with COVID-19 related staff pressures

How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.

From 11 November 2021 registered persons must make sure all care home workers and other professionals visiting the service are fully vaccinated against COVID-19, unless they have an exemption or there is an emergency.

- The Government has announced its intention to change the legal requirement for vaccination in care homes, but the service was meeting the current requirement to ensure non-exempt staff and visiting professionals were vaccinated against COVID-19.