

White Rock Nursing Home Limited

# White Rock Nursing Home Limited

## Inspection report

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24 February 2022

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## Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

**Inspected but not rated**

# Summary of findings

## Overall summary

White Rock Nursing Home Limited is a nursing home providing personal and nursing care to 19 people aged 65 and over some living with dementia at the time of inspection. The service can support up to 30 people.

We found the following examples of good practice.

- Policies and procedures in relation to the management of risks associated with COVID-19 were thorough and up to date.
- There were arrangements in place for the visiting families and health professionals to safely visit people living at the service.
- Staff received infection prevention and control training and adhered to good practice in relation to the use of PPE.

## The five questions we ask about services and what we found

We always ask the following five questions of services.

### **Is the service safe?**

Further information is in the detailed findings below.

**Inspected but not rated**

# White Rock Nursing Home Limited

## **Detailed findings**

### Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to the COVID-19 pandemic we are looking at how services manage infection control and visiting arrangements. This was a targeted inspection looking at the infection prevention and control measures the provider had in place. We also asked the provider about any staffing pressures the service was experiencing and whether this was having an impact on the service.

This inspection took place on 24 February 2022 and was announced. We gave the service 24 hours notice of the inspection.

# Is the service safe?

## Our findings

- The provider told us they had measures in place to mitigate the risks associated with COVID-19 related staff pressures

How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.

Visiting in care homes

- Visits took place in line with current government guidance. There were clear systems in place on arrival to ensure all necessary checks were made and recorded and that only visitors who had a negative LFD test, no COVID-19 symptoms and a temperature below 37.8° Celsius.
- Alternative arrangements had been made to ensure contact was maintained with relatives and friends during the pandemic when visitors were not permitted. This included a room with a safe space, with glass dividers and a microphone.

From 11 November 2021 registered persons must make sure all care home workers and other professionals visiting the service are fully vaccinated against COVID-19, unless they have an exemption or there is an emergency.

- The Government has announced its intention to change the legal requirement for vaccination in care homes, but the service was meeting the current requirement to ensure non-exempt staff and visiting professionals were vaccinated against COVID-19.