

Mrs Aunjali Johar & Mr Navneet Singh Johar  
Astral Lodge Residential  
Home

### Inspection report

33-35 Ailsa Road  
Westcliff On Sea  
Essex  
SS0 8BJ

Tel: 01702345409

Date of inspection visit:  
22 February 2022

Date of publication:  
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### Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

**Inspected but not rated**

# Summary of findings

## Overall summary

Astral Lodge Residential Home provides accommodation and personal care for up to 14 people. At the time of our inspection 13 people were living at the service.

We found the following examples of good practice.

Individual risk assessments were in place to allow for safe visiting at the service. The registered manager had created a visiting room for relatives to use. When visits were unable to go ahead video and telephone calls had been used.

The registered manager had followed government guidance on infection prevention control measures and had kept these up to date.

All staff had received training on infection prevention control and how to use PPE effectively.

People and staff had regularly been tested for COVID-19 in line with government guidance.

## The five questions we ask about services and what we found

We always ask the following five questions of services.

### **Is the service safe?**

Further information is in the detailed findings below.

**Inspected but not rated**

# Astral Lodge Residential Home

## **Detailed findings**

### Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to the COVID-19 pandemic we are looking at how services manage infection control and visiting arrangements. This was a targeted inspection looking at the infection prevention and control measures the provider had in place. We also asked the provider about any staffing pressures the service was experiencing and whether this was having an impact on the service.

This inspection took place on 22 February 2022 and was unannounced.

# Is the service safe?

## Our findings

### Staffing

- The provider told us they had measures in place to mitigate the risks associated with COVID-19 related staff pressures

### How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.
- The registered manager had followed government guidance to support people to have visits safely from their relatives. This had included creating a separate visiting room which relatives could enter without the need of walking through the service.

From 11 November 2021 registered persons must make sure all care home workers and other professionals visiting the service are fully vaccinated against COVID-19, unless they have an exemption or there is an emergency.

- The Government has announced its intention to change the legal requirement for vaccination in care homes, but the service was meeting the current requirement to ensure non-exempt staff and visiting professionals were vaccinated against COVID-19.